



# 1st Annual WRIGHTFULLY FIT 5K/10K Charity Run 2009



## 10K Runners

Daniel Redmond	39.08	<b>FIRST</b>	under 40 first
Bruce Twa	42.43	<b>SECOND</b>	over 40 first
Kevin O'Sullivan	44.04	<b>THIRD</b>	over 40 second
Foluso Ladejobi	45.52	<b>FIRST LADY</b>	over 40 first
Steve Thompson	45.53		under 40 second
Geraldine Burtschi	48.56	<b>SECOND LADY</b>	under 40 first
Kelsey Grandsire	49.14	<b>THIRD LADY</b>	over 40 second
Mark Dillon	49.24		under 40 third
Alina Percy	50.32		under 40 second
Neil Coles	51.25		over 40 third
Claire Parrish	51.28		over 40 third
Caren Castillo	51.55		under 40 third
Joan Hagan	53.51		
Terry Drummey	54.19		
Sara Codner	55.01		
Mike Michaels	55.30		
Jo Gray	55.54		
Martin Davies	56.00		
Trac O'Sullivan	56.50		
Stan Hartling	57.24		
Scott Hagan	57.24		
Clayton Been	57.24		
Mary Thompson	59.13		
Oliver Stubbs	59.29		
Denice Attwood	60.37		
Carole Klinko	62.03		
Carrie Pickett	62.44		
Helle Coles	62.53		
Judy Parlee	64.44		
Monique Davies	68.56		
Clayton Greene	68.57		
Alix Sampha	72.03		
Sherma Hercules			



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## 5K Runners

Marius Vultur	21.02	<b>FIRST</b>	first man
Nicola Jordan	22.33	<b>SECOND</b>	first lady
Benjamin Gearing	23.11	<b>THIRD</b>	second man
Jonathan Katan	25.26		third man
McKenzie Koch	25.21		second lady
Hugh Smith	26.01		
Wayne Garland	26.09		
Peter Kerrigan	26.20		
Yvette Marcelin	28.18		third lady
Louise Malcolm	29.36		
Stephen Saunders	31.07		
Eliza Dionela	31.11		
Conrad Griffiths	31.11		
Katarina Schumacher	31.15		
Beate Gray	31.15		
Milagros Bables	31.17		
Michelle Thompson	32.08		
Lucy Bullard	32.08		
Louise Scott	32.16		
John Tsvalas	32.39		
Joanna Young	31.93		
Lisa french	32.33		
Karen hausch	34.24		
Pat Brown	34.46		
Katherine Missick	35.05		
Heather Allen Greene	35.26		
Robert Tezuka	35.26		
Joyce Gavora	36.09		
Roma Lall	36.27		
Nicquell Garland	37.15		
Melicia Fredericks	37.15		
Bessie Karasiannis	39.28		
Ermina Canuto	39.28		
Vernique Smith	39.05		



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## 5K Runners

Ruby Swann	39.08
Roxanne Wake-Forbes	41.04
Henley Richardson	41.25
Sheri Deane	43.09
Tammika Laa-Perry	43.24
Cheryl Tezuka	45.02
Carolyn Durham	45.06
Kayanna Seymour	47.06
Alexandria Missick	47.11
Stephane Fitzgerald	47.22
Claudia Burnside	48.28
Barbara Underwood	48.37
Nicholette Ferguson	48.15
Joan Whent & stroller	48.50
Aimee Pickett & stroller	48.50
Fraser Park & stroller	54.22
Akierra Missick	54.34
Barbara Anne Dean	57.26
Mutzuki Charles	57.27
Merrill Powell	58.07
Desericka Lightbourne	59.22
Jason Francis	60.18
Sharon Forbes	61.30
Sabrina Isaac	
Karl Isaac	
Marc Romley	
Barbara Lynn Harris	